

Trauma Intervention Programs (TIP) of San Diego County
2560 Orion Way
Carlsbad, CA 92010
www.tipsandiego.org

760-931-2104 North County Office
619-697-4936 East County Office

Bereavement Support Groups

San Diego County Resource List

NORTH COUNTY COASTAL

Compassionate Friends
UTC Scripps Well Being Center
4305 La Jolla Village Drive
La Jolla
(619) 583-1555
1st Wednesday of every month 7:00 p.m.
www.sdtcf.org

Hospice by the Sea
(858) 794-0195
Encinitas Senior Center
1140 Oakcrest Park Drive, Room 140
Encinitas, 92024
Mondays 1:00-2:30 p.m.

Hospice of North Coast
5441 Avenita Encinas Suite A
Carlsbad
(760) 431-4100
Tuesdays 1:30-3:30 p.m.
Thursdays 5:30-7:00 p.m.

Elizabeth Hospice
Foundation Center for Compassionate Care
2111 Geneva Street, Suite 100
Oceanside
Wednesdays 2:30-3:30 p.m.

San Diego Family Counseling
341 S. Cedros #D
Solana Beach
(858) 792-8585
Periodic Groups

Tri City Hospice Services
2095 W. Vista Way, Suite 217
Vista, 92083
(760) 940-5801
Mondays 10:30 a.m.-Noon
& 5:30-7:00 p.m.
Also have day activities & potlucks

VITAS Hospice
St. Peter's Episcopal Church
Thursdays 3:00-4:00 p.m.

334 14th Street
Del Mar, CA 92014

Oceanside
St. Mary by the Sea
609 Pier View Way
Oceanside, CA 92054

Wednesdays 2:00-3:00 p.m.

NORTH COUNTY INLAND

Elizabeth Hospice
150 W. Crest Street
Escondido, 92025
(760) 737-2050

Fridays 9:00-10:30 a.m. (Newly Bereaved)
Wednesdays 6:00-7:30 p.m.

Escondido
Joslyn Senior Center
728 North Broadway

Thursdays 1:30-3:30 p.m.

Poway
Pomerado Professional Plaza
15706 Pomerado Road, Suite S-207

Mondays 6:00-7:00 p.m.

San Marcos
San Marcos Senior Center
111 Richmar Ave.

Thursdays 9:30-11:00 a.m.

Ramona
Ramona Senior Center
434 Aqua Lane

Fridays 10:30 a.m.-noon

Vista
North Coast Church Conference Room
1132 N. Melrose

Fridays 10:00-11:30 a.m.

San Diego Hospice
Escondido
3012 Bear Valley Parkway South
760-735-8084

Thursdays 1:30-3:30 p.m.

Poway
11885 Cypress Canyon Road
Scripps Ranch

Tuesdays 11:00 a.m.-12:30 p.m.

Fallbrook Hospice
420 Elbrook Drive
Fallbrook, 92028
(760) 728-1435 - Hospice
(760) 728-1191 xt.378 (home health care)

Bereavement Support Group
Tuesdays 3:00 p.m.

VITAS Hospice
Fallbrook
399 Heald Labe
Fallbrook, 92028

Thursdays 10:00-11:00 a.m.

Poway
Poway Chamber of Commerce

Wednesdays 1:00-2:00 p.m.

13381 Poway Road
Poway, 92074
Escondido
Villa Del Rey
1351 East Washington Ave.
Escondido, CA 92027

Thursdays 2:30-3:30 p.m.

Horizon Hospice
Poway Senior Center
13049 Civic Center Drive
Poway, Ca 92064
(858) 748-3030

1st and 3rd Wednesdays 9:30 a.m.

San Diego Hospice
Center for Grief Care & Education
WM Keck Conference Center
4311 Third Avenue
San Diego, 92103
(619) 278-6480

Understanding Grief-Every 2nd Tuesday 6:00-7:30 p.m.
Support Groups Every Monday 6:00-7:30 p.m.

Central San Diego
2nd Floor Board Room
404 Camino Del Rio South
Mission Valley

Mondays 1:00-2:30 p.m.

Jewish Family Services
Healing Center
8804 S. Balboa Ave.
San Diego, 92123
(877) 537-1818

Periodic Groups – various meeting cites
www.JFSSD.org

Kaiser Permanente Hospice
San Marcos Clinic
400 Craven Road, Bldg 3, 2nd Floor, Room C
San Marcos, 92069
(619) 641-4100

2nd and 4th Wednesdays 10:00-11:30 a.m.

Kaiser Permanente Hospice
San Diego Clinic
10990 San Diego Mission Road, 1st Floor
San Diego, 92108
(619) 641-4100

2nd and 4th Tuesdays 5:30-7:30 p.m.

EAST COUNTY

Compassionate Friends
UTC Scripps Well Being Center
4305 La Jolla Village Drive
(619) 583-1555

Death of a Child Support Groups
1st Wednesday of every month 7:00 p.m.
www.sdtcf.org

Kaiser Permanente Hospice 2nd and 4th Thursdays 5:30-7:00 p.m.
250 Travelodge Drive, Basement Conference Room
El Cajon, 92020
(619) 641-4100

VITAS Hospice
Lakeside Thursdays 3:00-4:00 p.m.
Lakeside Community Center
9811 Vine Street
Lakeside, 92040

Sharp-Grossmont Hospice Parent Loss Group-Call for schedule
Fletcher Parkway Medical Center Widower's Group-Call for schedule
8881 Fletcher Parkway, Room 340 Drop in Support Group-Mondays 6:00-8:00 p.m.
La Mesa, 91942
(619) 667-1821 to register

SOUTH BAY

Kaiser Permanente Hospice 1st and 3rd Wednesdays 10:00-11:30 a.m.
4650 Palm Avenue, Bldg A, 1st Floor, Room 1
San Diego, 92154
(619) 641-4100

San Diego Hospice Thursdays 1:00-2:30 p.m.
(619) 278-6480
Norman Park Senior Center
270 F Street
Chula Vista
(619) 691-5086

VITAS Hospice Wednesdays 5:30-6:30 p.m.
Scripps Mercy Hospital
435 H Street
Chula Vista, 91910

Updated 8.16.07