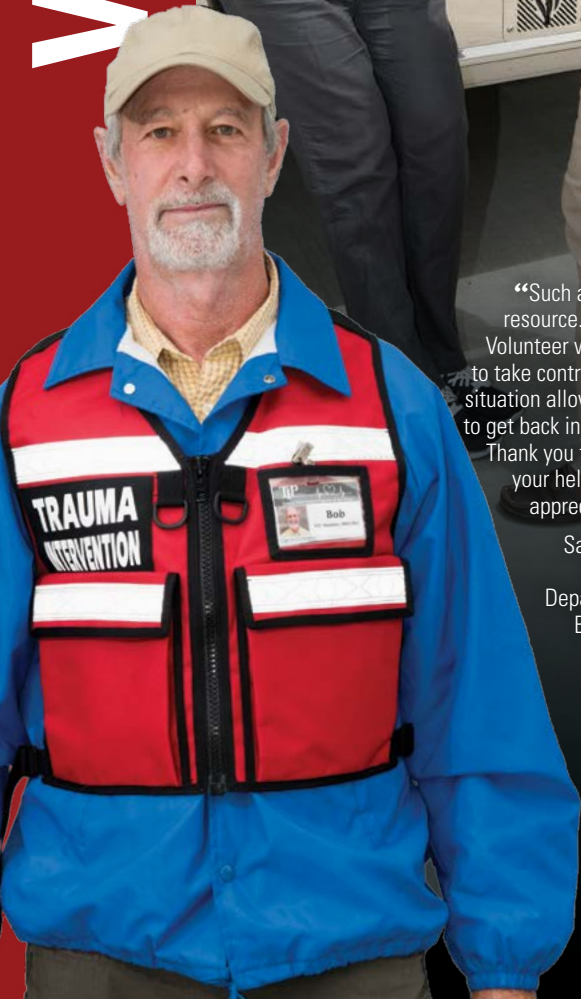


# Volunteer



“Such a helpful resource. The TIP Volunteer was able to take control of the situation allowing me to get back in service. Thank you for all of your help, it’s so appreciated.”

San Diego Sheriff’s Department, Encinitas Station



## EMOTIONAL FIRST AID TRAINING TO THE PUBLIC

TIP is committed to providing Emotional First Aid training to the general public. TIP’s Helping Survivors After Tragedy Strikes, When Resuscitation Fails, or Emotional First Aid seminars are offered across the country and are available to organizations as an in-house seminar. Please contact us for more information.

## CURRENT PARTNERS

### Law Enforcement

Carlsbad Police Department  
Coronado Police Department  
El Cajon Police Department  
La Mesa Police Department

National City Police Department  
Oceanside Police Department  
San Diego County Sheriff Department

### Fire

Alpine Fire Department  
Carlsbad Fire Department  
Coronado Fire Department  
Del Mar Fire Department  
El Cajon Fire Department  
Encinitas Fire Department  
La Mesa Fire Department  
Lakeside Fire Protection District  
Lemon Grove Fire Department  
National City Fire Department  
North County Fire Protection District

Oceanside Fire Department  
Pala Fire Department  
Poway Fire Department  
Ramona Fire Department  
Rancho Santa Fe Fire Protection District  
San Marcos Fire Department  
San Pasqual Fire Department  
Santee Fire Department  
Solana Beach Fire Department  
Valley Center Fire Protection District  
Vista Fire Department

### Hospitals

Sharp Grossmont Hospital

Tri-City Medical Center (UCSD)



Trauma Intervention Programs of San Diego

855.847.7343 | info@tipsandiego.org

**TIPSanDiego.org**

@TIPSanDiego | facebook.com/TIP.SANDIEGO

Citizens Helping  
Citizens In Crisis



**TIP MISSION**  
Our citizen volunteers will provide emotional first aid to survivors of tragedy in order to ease their immediate suffering and facilitate their healing and long-term recovery.



Trauma Intervention Programs of San Diego





# WHAT IS TIP?

Trauma Intervention Programs of San Diego County, Inc. (TIP) is a nonprofit organization founded in 1985 by a group of mental health professionals and police officers who became aware that survivors of tragedy and victims of crime were not receiving the on scene support needed. The mission of TIP is to provide immediate emotional first aid to survivors of tragedy in order to ease suffering and facilitate healing and long-term recovery.

Today, TIP is a highly respected provider of on scene support adding another dimension to the emergency response system. First responders, healthcare professionals and public safety officials praise TIP for its services to survivors, as well as for the support TIP provides to public safety and emergency medical systems.

TIP San Diego has a team of specially trained citizen volunteers who are called to emergency scenes by hospital and public safety personnel to assist citizens after a sudden death, or who are victims of crime or witnesses to tragedy, and children left alone after the death or injury of a parent, as well as anyone traumatized by a crisis event.



The TIP Program is unique in that volunteers respond immediately and arrive within 20 minutes of a request from public safety personnel on a 24/7 basis. The benefits for communities who receive TIP services include saving the emergency response system time and resources, involving citizen volunteers in public safety, and providing a valuable service to survivors of tragedy who are often experiencing the worst hours of their lives.

# HOW TO GET INVOLVED



## VOLUNTEER

TIP volunteers are a compassionate group of individuals assisting citizens in the event of a tragedy or crisis; to help those suffering move through the crucial first few hours of a tragedy. Whatever the need, **TIP volunteers will ensure no one has to face it alone** and may help in ways such as:

**Provide emotional comfort and support**

**Serve as a liaison between the survivors and emergency personnel**

**Provide information and referral to appropriate agencies for ongoing support**

If you, or someone you know, are a compassionate person who has a desire to help others in need, becoming a TIP volunteer may be for you. Those interested in becoming a TIP volunteer receive 40-hours of TIP specific training. We invite you to visit our website or call us to find out about training opportunities in your area.

## DONATE

Not sure being a TIP volunteer is the right choice for you? You can still help! TIP also needs funds to assist with training new volunteers and extending TIP programs to other parts of San Diego County. TIP is a non-profit organization which relies heavily on the generous donations from supporters to help citizens in crisis. No monetary donation is too small to help TIP volunteers continue to provide this invaluable service. **Will you help us continue serving others by donating today?**

855.847.7343 | [info@tipsandiego.org](mailto:info@tipsandiego.org)

**TIPSanDiego.org**



**Donate**

“I was not myself, and Mom had a stroke soon after Dad passed. I think the volunteer was an angel to come help us in the middle of the night. With much gratitude.”

Suzanne – Citizen Assisted by TIP